### Subject Code
GAS559

### Subject Name
Foundations of Cuisine

### Credit points
6

### Study Level
Year 1

### Delivery mode
On campus

### Location
Melbourne

### Prerequisites
None

### Subject Overview
One of the interesting questions in the study of gastronomy is not what’s on the menu but why is it there. How are cuisines and taste determined by the society and culture in which we live and eat? How do we define ourselves by what we eat? Foundation of Cuisine introduces students to the question of why we eat what we do and the social, cultural and religious influences behind how we eat. Students will examine the evolution of cuisine and the economic, social and technological changes that shape food choices and preferences. Through readings, screenings and class discussions, students will develop an understanding of the relationship between food and identity, how regional and national cuisines develop over time and how these developments contribute to the stories we tell about who we are.

### Learning Outcomes
- Define the concept of cuisine as it relates to an individual, a social group or a culture.
- Describe the aspects of culture that influence food choice and consumption.
- Discuss the significance of the seasonal cycle to the foods eaten and festive occasions celebrated throughout the calendar year.
- Outline the relationship between religious practices and food consumption, and the role of food as an expression of social identity.
- Undertake prescribed research activities in the field of gastronomy

### Assessments

<table>
<thead>
<tr>
<th>Details</th>
<th>Weighting</th>
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<tbody>
<tr>
<td>Quizzes</td>
<td>10%</td>
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<tr>
<td>Essay - discussion</td>
<td>30%</td>
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<tr>
<td>Essay - analysis</td>
<td>30%</td>
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<tr>
<td>Research activity</td>
<td>30%</td>
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### Graduate Attributes addressed in this subject
- Ethical and social understanding
- Systematic and coherent body of knowledge
- Cognitive skills to analyse knowledge
- Scholarly skills
- Teamwork skills
- Communication skills
- Personal attributes - Cultural awareness